

# INTENSITY

## Rules to Live By

**Necessary to civilization, not too strict, just enough to keep peace.**

- No girls in or near the doors of guys cabins and vice versa.
- No Swimming in the Lake Brownwood.
- Attendance and participation in all activities is required.
- Shorts are allowed in Evening Worship.
- **No cheer/soffe shorts allowed.**
- Shorts, dresses, and skirts **MUST** be fingertip length. NO EXCEPTIONS (Arms, hands, & fingers extended toward the ground and shorts must be the end of the fingertips). If they can't wear it at school, they can't wear it at camp!
- No low-cut or revealing shirts, dresses, or tops.
- **No spaghetti strap shirts. Tank tops must at least 2 fingers in width.**
- Make sure swimsuits are appropriate for Intensity camp. This means that a one-piece swimsuit or tankini is preferred (girls and boys!). A person who does not own a one-piece would be allowed to swim with a dark colored t-shirt over a 2 piece.
- Cover-ups must be worn to and from the lakefront & pool area. **Guys included.**
- No fireworks, firearms (duh), any form of tobacco, drugs, alcohol, electronics, gameboys, stereos, televisions, CD players, DVD players, iPods, cassette or 8 track tape players, Mp3 players, Ps3' Ps2's, Ps1's, Atari, Game Cube, Wii, Xbox1, Xbox 360, Xbox, Ybox, or Zbox, Two way radios, Palm Pilots, Laptops, Notebooks, or anything else that contains a transistor except watches, pacemakers, and Homeland Security Tracking Devices.
- **No cell phones anywhere (including cabins).** There is much wisdom in this prohibition, as you can imagine. Make them leave it at home or at the church. Counselors however, may possess a cell phone.
- Lights out at 12 Midnight! This is a camp rule!
- No PDA - No kissing, holding hands, Anywhere, anytime anyhow.
- Damage to cabin is the responsibility of the individual churches

## Necessary Gear

**Just a suggested list, obviously not exhaustive, hopefully helpful!**

- Bible, Pen & Clothes suitable for worship services.
- Clothes for Recreation. Swimsuits will be needed. Remember to bring your grungies!
- Towels, wash cloths, soap, deodorant (please), shampoo, etc.
- Bedding, a pillow and sheets or blankets, or sleeping bag.
- A fan is permitted, however, all cabins have A/C.
- Sun screen, Off, etc.
- All medication is to be turned in to the camp nurse with instructions. Medication will be kept in the Nurse's Station only. This is a camp requirement. The only exception is inhalers.
- Money for concession stand and Paintball (if you choose to play)
- Clothes for Theme Nights